

Child Care Food Program

Pre-approved Numbered Menus

Instructions:

Please write the letter and number of the meal served on your daily menus. If you should substitute any item please show the substitution on your menus.

Example: B 38

Banana

Abbreviations: HM= Homemade

PB= Peanut Butter

You will not find any foods that are limited included in the numbered menus, as in processed meats, sweet items and snack type chips. When serving those types of foods you will need to write out your menu. Remember that USDA always recommends a variety of foods to be served.

B 1 Milk Peaches Pancakes	B 2 Milk Applesauce Cinnamon Toast	B 3 Milk Cherry Juice Malt-O-Meal	B 4 Milk Hash browns Biscuit	B 5 Milk Banana Cheerios
B 6 Milk Pears English Muffin	B 7 Milk Apple Juice Waffles	B 8 Milk Orange Juice Wheaties	B 9 Milk Apple Slices Bagel	B 10 Milk Grapes Cream of Wheat
B 11 Milk Grape Juice Oatmeal	B 12 Milk Orange Slices Biscuit/Gravy	B 13 Milk Peaches French Toast	B 14 Milk Pineapple Rice Chex	B 15 Milk Banana Rice Krispies
B 16 Milk Strawberries Corn Flakes	B 17 Milk Hash browns Flour Tortilla Scram. Eggs	B 18 Milk Banana Hot Dog Bun/ Peanut Butter	B 19 Milk Cantaloupe Bagel	B 20 Milk Fruit Cocktail Bagel w/ cream cheese
B 21 Milk Orange Juice Pancakes	B 22 Milk Mandarin Oranges Kix Cereal	B 23 Milk V8 Juice Biscuit	B 24 Milk Watermelon Toast	B 25 Milk Mixed Fruit Rice
B 26 Milk Pears Biscuit w/ Sausage	B 27 Milk Stewed Apples Oatmeal	B 28 Milk Peaches Corn Chex	B 29 Milk Apple Juice Cinnamon Biscuit	B 30 Milk Pineapple French Toast Sticks
B 31 Milk Orange Juice Raisin Bran	B 32 Milk Grapes Toast w/ peanut butter	B 33 Choc Milk Banana Waffles	B 34 Milk Kiwi English Muffin	B 35 Milk Banana Corn Flakes
B 36 Milk Grape Juice Fruit Loops	B 37 Milk Cherry Juice Cream of Wheat	B 38 Milk Orange Slices Toast w/ Jelly	B 39 Milk Applesauce Pancakes	B 40 Milk Raisins English Muffin

<p>LS 100</p> <p>Milk HM Spaghetti Ground Beef Peaches Peas Spaghetti</p>	<p>LS 101</p> <p>Milk Chicken Nuggets (must show brand name) Green beans Tater tots Bread & butter</p>	<p>LS 102</p> <p>Milk Grilled Cheese Sandwich Carrot sticks Apple slices Bread</p>	<p>LS 103</p> <p>Milk Tuna Salad Sandwich French Fries Orange sections Bread</p>
<p>LS 104</p> <p>Milk HM Pizza Gr Beef/Cheese Lettuce salad Pears Crust</p>	<p>LS 105</p> <p>Milk Ham & Beans Applesauce Cole slaw Cornbread</p>	<p>LS 106</p> <p>Milk Fish Sticks (must show brand name) Peas Tater Tots Bread</p>	<p>LS 107</p> <p>Milk Beef Roast Potatoes Carrots Hot roll</p>
<p>LS 108</p> <p>Milk HM Beef Veg. Soup Mixed Vegetables Pineapple chunks Crackers</p>	<p>LS 109</p> <p>Milk Chicken Leg Mashed potatoes Corn Bread</p>	<p>LS 110</p> <p>Milk Scrambled Eggs Hash browns Applesauce Toast</p>	<p>LS 111</p> <p>Milk Peanut Butter Sand. Cottage Cheese Peaches Carrot/Celery sticks Bread</p>
<p>LS 112</p> <p>Milk HM Lasagna Gr Beef/Cheese Corn Peaches Noodles</p>	<p>LS 113</p> <p>Milk HM Beef Stew Potatoes Carrots Hot roll</p>	<p>LS 114</p> <p>Milk Tuna Peas Fruit Cocktail Noodles</p>	<p>LS 115</p> <p>Milk HM Chili Gr Beef Beans Pineapple chunks Crackers</p>
<p>LS 116</p> <p>Milk HM Chicken & Noodles Mashed potatoes Mandarin oranges Noodles</p>	<p>LS 117</p> <p>Milk Salmon Pattie Fried potatoes Applesauce Bread & butter</p>	<p>LS 118</p> <p>Milk Deli Turkey Lettuce & tomato Jell-O w/bananas Bread</p>	<p>LS 119</p> <p>Milk Barbeque chicken Potato salad Baked beans Biscuit</p>

LS 120 Milk Pork Chops Green beans Mixed fruit Rice	LS 121 Milk Deviled eggs Carrot sticks Applesauce Crackers	LS 122 Milk Sloppy Joes Gr Beef Raw broccoli/dip Apple slices Bun	LS 123 Milk Boiled egg Tomato Soup Orange slices Crackers
LS 124 Milk Meatballs/gr beef Peas Pears Bread	LS 125 Milk Cheeseburger Corn Peaches Bun	LS 126 Milk HM Meatloaf Mashed potatoes Green beans Hot roll	LS 127 Milk Baked turkey Sweet potatoes Peaches Dressing
LS 128 Milk Fish Fillet Augratin potatoes Cole Slaw Cornbread muffins	LS 129 Milk Taco/Beef/cheese Lettuce/tomato Refried beans Taco shells	LS 130 Milk Salisbury steak Mashed potatoes Green beans Roll	LS 131 Milk HM Mac/Cheese Baked beans Pears Macaroni
LS 132 Milk Swiss steak Applesauce Carrots Bread & butter	LS 133 Milk Baked chicken Baked potato Corn on the cob Bread	LS 134 Milk HM Beef burrito Corn Pineapple rings Flour tortilla	LS 135 Milk Yogurt Mandarin oranges Celery sticks Toast w/PB
LS 136 Milk B-B-Q Beef Sandwich French Fries Grapes Bun	LS 137 Milk Chicken strips Peas Peaches Bread	LS 138 Milk Pork Steak Scalloped potatoes Green beans Roll	LS 139 Milk Cheese Sandwich Cucumber slices Banana Bread

LS 140 Milk HM Goulash Gr Beef Lettuce salad Corn Macaroni	LS 141 Milk Shepherd Pie Gr Beef Mashed potatoes Peas Bread & butter	LS 142 Milk Hamburger French Fries Pork n beans Bun	LS 143 Milk Gr Turkey HM spaghetti sauce Pears Spaghetti Garlic bread
LS 144 Milk HM Chicken pot pie Mixed vegetables Peaches Biscuit	LS 145 Milk Taco Salad Gr Beef/cheese Lettuce/tomato Apple slices Tortilla chips	LS 146 Milk Cubed Steak Potatoes Pears Rice w/mushroom gravy	LS 147 Milk Fried Chicken Potatoes Mixed fruit Bread & butter
LS 148 Milk Egg salad sandwich Carrot/celery sticks Pineapple Bread	LS 149 Milk Chicken salad Tater Tots Mandarin oranges Bread	LS 150 Milk Baked ham Boiled potatoes Green beans Dinner roll	LS 151 Milk HM Pizza Sausage/cheese Corn Jell-O/Bananas Crust
LS 152 Milk Tuna patties Peas & carrots Applesauce Bread & butter	LS 153 Milk Tater Tot Casserole Gr beef/cheese Tater tots Green beans Bread sticks	LS 154 Milk Baked chicken Spinach Tropical fruit Cornbread	LS 155 Milk Ham chunks Scalloped potatoes Cantaloupe Biscuits
LS 156 Milk Grilled Ham/cheese Tomato soup Raw veggies/dip (broccoli/cauliflower) Bread	LS 157 Milk Nachos w/cheese Refried beans Lettuce & tomato Orange sections Tortilla chips	LS 158 Milk Peanut butter/Jelly Cheese cubes Carrot sticks Strawberries Bread	LS 159 Milk Pork cutlet Potatoes Broccoli /cheese Bread & butter

<p>LS 160</p> <p>Milk Chicken nuggets (show brand name) French fries Corn Bread</p>	<p>LS 161</p> <p>Milk Fish nuggets (show brand name) Fried potatoes Cole slaw Macaroni & cheese</p>	<p>LS 162</p> <p>Milk Ham slice Sweet potatoes Beets Roll</p>	<p>LS 163</p> <p>Milk Sub sandwich Turkey/ham/cheese Lettuce/tomato Grapes Hoagie bun</p>
<p>LS 164</p> <p>Milk Scrambled eggs Cheese Corn Mixed fruit Bread</p>	<p>LS 165</p> <p>Milk Pork roast Potatoes Corn on the cob Hot roll</p>	<p>LS 166</p> <p>Milk HM chicken soup Carrots Peaches Noodles</p>	<p>LS 167</p> <p>Milk Cottage cheese Pears Celery /PB Crackers</p>
<p>LS 168</p> <p>Milk Cheese slices French fries Banana/PB English muffin</p>	<p>LS 169</p> <p>Milk Baked turkey Mashed potatoes Applesauce Hot roll</p>	<p>LS 170</p> <p>Milk Baked beans Tater tots Mandarin oranges Corn muffin</p>	<p>LS 171</p> <p>Milk HM macaroni & cheese/ham chunks Corn Pineapple Macaroni</p>
<p>LS 172</p> <p>Milk Ham sandwich Vegetable soup Orange Bread</p>	<p>LS 173</p> <p>Milk Baked fish Buttered potatoes Green beans Bread & butter</p>	<p>LS 174</p> <p>Milk Chicken tenders Cooked baby carrots Pears Biscuits</p>	<p>LS 175</p> <p>Milk String cheese sticks Pork n beans Watermelon Crackers</p>

SK 200 Milk Graham crackers	SK 201 Milk Applesauce	SK 202 Milk Biscuits/Jelly	SK 203 Milk Cinnamon toast
SK 204 Apple juice Crackers/PB	SK 205 Peaches Cottage cheese	SK 206 Milk Apples/PB	SK 207 Milk PB sandwich
SK 208 Cheese Crackers	SK 209 Milk Banana	SK 210 Milk Apple	SK 211 Milk Rice Chex
SK 212 Grape Juice Teddy grahams	SK 213 Milk Animal crackers	SK 214 Milk Kix cereal	SK 215 Apple slices Cinnamon toast
SK 216 Orange juice English muffins	SK 217 Apple juice Nacho chips/cheese	SK 218 Milk Tater tots	SK 219 Ham slice Bread
SK 220 Milk Cheerios	SK 221 Apple juice Wheat thins	SK 222 Celery/PB Cheez its	SK 223 Cheese chunks Crackers
SK 224 Grapes Graham crackers	SK 225 Milk Trail mix	SK 226 Ritz/PB Banana slices	SK 227 Grape juice Flour tortilla/ Melted cheese
SK 228 Orange juice Bread sticks/ spaghetti sauce	SK 229 Peaches Graham crackers	SK 230 Apple juice Cheez its	SK 231 Cheese slice Gold fish crackers

SK 232 Milk Waffle	SK 233 Chocolate milk Bagel/Jelly	SK 234 Grilled Cheese Sandwich	SK 235 Tater tots Cheese sauce
SK 236 Yogurt Mixed fruit	SK 237 Milk Cornbread muffin	SK 238 Pineapple juice English muffin	SK 239 Tomato soup crackers
SK 240 Banana Toast/PB	SK 241 Milk Grapes	SK 242 Orange juice Hi Ho crackers	SK 243 Milk Saltines/PB
SK 244 Milk Celery/raisins/PB	SK 245 Apple juice Deviled egg	SK 246 Cherry juice Trail mix	SK 247 Milk French fries
SK 248 Banana Graham cracker	SK 249 English muffin Cheese slice	SK 250 Milk Carrots/dip	SK 251 Yogurt Strawberries
SK 252 Milk Watermelon	SK 253 Deli turkey Grape juice	SK 254 Orange slices Teddy grahams	SK 255 Grapes Hi Ho crackers
SK 256 Ham chunks Cantaloupe	SK 257 Flour tortilla PB/jelly	SK 258 Hash browns Milk	SK 259 Applesauce Graham crackers
SK 260 Pears Graham crackers	SK 261 Milk French toast sticks	SK 262 Oatmeal Milk	SK 263 Apple Juice Macaroni & cheese

SK 264 Tuna salad Bread	SK 265 Hard boiled egg Orange sections	SK 266 Pineapple chunks Biscuit	SK 267 Strawberries Chex mix
SK 268 Orange juice Animal crackers	SK 269 HM Hot chocolate(milk) Graham crackers	SK 270 HM Milk shakes Banana slices	SK 271 Mixed fruit Teddy grahams
SK 272 Apple juice Crackers/PB	SK 273 Milk Pancakes	SK 274 Sloppy Joe Gr beef Bun	SK 275 Milk Malt-o-meal
SK 276 Baked potato Cheese sauce	SK 277 Apples Cheese cubes	SK 278 Vegetable soup crackers	SK 279 Ramen noodles Orange
SK 280 Jell-O/peaches Graham sticks	SK 281 Grape juice Chicken nuggets (show brand name)	SK 282 Hash browns Toast	SK 283 Chocolate milk Biscuit
SK 284 Milk Raw veggies/ Dip	SK 285 Yogurt Graham crackers	SK 286 Cornbread/jelly Milk	SK 287 Cheese slice saltines
SK 288 Apple juice Fish sticks (show brand name)	SK 289 Milk Hot roll/jelly	SK 290 Apple cider biscuits	SK 291 Bagel w/cream cheese Apple slices
SK 292 Deli Ham Pineapple chunks	SK 293 Scrambled eggs Toast	SK 294 Bread sticks Grape Juice	SK 295 Crescent roll Milk